



MANUAL HANDLING

Risk Assessment

PROBABILITY OF NEGATIVE EVENT	SEVERITY OF OUTCOME		
	Slightly Harmful	Harmful	Very Harmful
Unlikely	Trivial Risk	Acceptable Risk	Moderate Risk
Likely	Acceptable Risk	Moderate Risk	Substantial Risk
Very Likely	Moderate Risk	Substantial Risk	Intolerable Risk

Descriptive Risk Rating	Interpretation
Moderate Risk	Moderate Risk is adequately controlled but further more stringent controls may be applied. Work can continue but corrective actions may need to be considered and a plan to implement them should be drawn up.

What Are The Hazards?

- Employees risk injury to any part of the body, particularly to the back, from lifting and handling heavy or awkward objects, and from repetitive strain problems (e.g. stacking shelves)
- "Manual Handling involves any transporting or supporting of a load by one or more employees, and includes lifting, putting down, pushing, pulling, carrying or moving a load, which by reason of its characteristics or unfavourable ergonomic conditions, involves risk, particularly of back injury, to employees." - Health and Safety Authority

Who Might be Harmed and How?	Employees and Management are in risk of injury to back particularly employees when handling goods and stacking shelves.
What can we do about it?	<ul style="list-style-type: none"> - Risk Assessment of Manual Handling Tasks. - Avoidance of Manual Handling. - Reduction of Manual Handling. - Provision of mechanical aids (hand trolley). - Provision of instruction and training for employe
What Should an Employee do?	Employees must use correct manual handling techniques when pushing or pulling equipment into position and engage mechanical means of lifting and transporting where possible.